

# CROSSLINES



May 2010



May 2nd is Youth Sunday and our UMYF group will be sharing this blended service (traditional and contemporary) at both 9:00 and 11:00. The theme is "Being an Outsider" and the youth will be handling all parts of the service except communion and extra assistance with the music from Dave Flores. They will also host fellowship time between the services in their newly remodeled youth room. Please come out to support our small but awesome newly formed youth group.

**May 30th**

**The 5th Sunday of the Month**

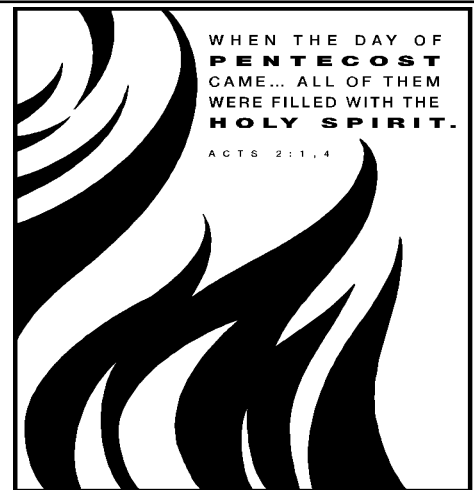
**One morning worship service at**

**10:00 a.m.**

**No Sunday School**

**Fellowship Time Following the 10:00 a.m.**

**Service**



*Pentecost May 23*



National Day  
of Prayer  
May 6

## WORSHIP *TIMES*

PRAISE - 9:00 a.m.

SUNDAY SCHOOL - 10:00 a.m.

TRADITIONAL - 11:00 a.m.

PRAISE AND WORSHIP - 6:00 p.m.

[www.mtnviewumc.com](http://www.mtnviewumc.com)

## A Note from Pastor Michael

Here is the continuation of the second in a series of articles about United Methodist Beliefs and Heritage. I hope that this may answer some of your questions and fill in some of the blanks. Blessings, Pastor Michael.

### Sunday Worship

9:00 a.m. Praise

11:00 a.m. Traditional

6:00 p.m. Praise & Worship

### Sunday School

10:00 a.m.

Preschool—6th Grade

Harmony Class (Adult)

### Bible Study

Tuesdays (Men's) at 6:30 am

Tuesdays at 6:30 pm

Wednesdays at 1:30 pm

### **Pastor:**

Rev. Michael Anderson

### **Pastor Emeritus:**

Rev. Frank Cartwright

### **Retired Pastors:**

Revs. Ed Womack, Bill Birdsey,  
Paul McCleary, David Treadwell,  
Jean Dumas

### **Church Secretary:**

Leah Alderson

### **Finance Treasurer:**

Carol Hagberg

### **Praise Band Leader:**

David Flores

### **Choir Director:**

Gayle Benjamin

### **Organist:**

Beverly Hall

### **Mountain View**

### **United Methodist Church**

901 S. 12th St.

Cottonwood, AZ 86326

928.634.8857

office@mtnviewumc.com

Monday-Thursday 8am-noon

*Our Pastor is available at other times  
by appointment and any time for  
emergencies.*

### **Our Wesleyan Theological Heritage (continued from last month)**

#### **Sanctifying Grace**

Salvation is not a static, one-time event in our lives. It is the ongoing experience of God's gracious presence transforming us into whom God intends us to be. John Wesley described this dimension of God's grace as sanctification, or holiness. (Excerpt from *What Every Teacher Needs to Know About Theology*, p. 32-33)

Through God's sanctifying grace, we grow and mature in our ability to live as Jesus lived. As we pray, study the Scriptures, fast, worship, and share in fellowship with other Christians, we deepen our knowledge of and love for God. As we respond with compassion to human need and work for justice in our communities, we strengthen our capacity to love neighbor. Our inner thoughts and motives, as well as our outer actions and behavior, are aligned with God's will and testify to our union with God. (Excerpt from *What Every Teacher Needs to Know About Theology*, p. 32-33)

We're to press on, with God's help, in the path of sanctification toward perfection. By perfection, Wesley did not mean that we would not make mistakes or have weaknesses. Rather, he understood it to be a continual process of being made perfect in our love of God and each other and of removing our desire to sin. (Adapted from *Who Are We? : Doctrine, Ministry, and the Mission of The United Methodist Church*, Revised: Leader's Guide by Kenneth L. Carder, Cokesbury, p. 46.)

Read more from the *Book of Discipline*

#### **Faith and Good Works**

United Methodists insist that faith and good works belong together. What we believe must be confirmed by what we do. Personal salvation must be expressed in ministry and mission in the world. We believe that Christian doctrine and Christian ethics are inseparable, that faith should inspire service. The integration of personal piety and social holiness has been a hallmark of our tradition. We affirm the biblical precept that "faith by itself, if it has no works, is dead" (James 2:17).

Excerpt from *The United Methodist Primer*, 2005 Revised Edition by Chester E. Custer (Discipleship Resources, 2005); p. 59.

Continued

**Mission and Service**

Because of what God has done for us, we offer our lives back to God through a life of service. As disciples, we become active participants in God's activity in the world through mission and service. Love of God is always linked to love of neighbor and to a passionate commitment to seeking justice and renewal in the world.

**Nurture and Mission of the Church**

For Wesley, there was no religion but social religion, no holiness but social holiness. In other words, faith always includes a social dimension. One cannot be a solitary Christian. As we grow in faith through our participation in the church community, we are also nourished and equipped for mission and service to the world.

"From Wesley's time to the present, Methodism has sought to be both a nurturing community and a servant community. Members of Methodist Societies and class meetings met for personal nurture through giving to the poor, visiting the imprisoned, and working for justice and peace in the community. They sought not only to receive the fullness of God's grace for themselves; but...they saw themselves as existing 'to reform the nation...and to spread scriptural holiness over the land'"

Excerpt from *Who Are We? : Doctrine, Ministry, and the Mission of The United Methodist Church*, Revised: Leader's Guide by Kenneth L. Carder, (Cokesbury), p. 55.



Church office will be closed.

**Memorial**  
DAY  
**May 31**

**Updated Emails Needed**

We are still working toward sending the Crosslines out by e-mail for those of you who would like that option, but we need enough people interested to make it cost effective to eliminate the bulk mail rate we currently receive. We also want to know if you would like to have your email published in the Church Directory. All you have to do is email the church office at: [office@mtnviewumc.com](mailto:office@mtnviewumc.com) and let us know if you want the Crosslines by email and if you would like your email published in the Church Directory. Thank you.

*Mother's Day*



*Sunday, May 9*

**GALATIC BLAST VACATION BIBLE SCHOOL**

The team of eager volunteers is gearing up to make VBS a great experience for our church and children from the Cottonwood area.

Mark June 14-18 on your calendars and invite neighbors and friends to come from 9-12 on those days. We plan to have a cookout celebration Friday the 18<sup>th</sup> and will be collecting school supplies during the week for those in need.

Please register by June 7<sup>th</sup> either at the church web site or pick up a form in the church office. Return forms to the church office or Stephanie Kreunen.

CROSSLINES

## United Methodist Women News

The **UMW Board** will meet on **Tuesday, May 11 at 9:30 a.m.** in the **Mingus Room**. The **General Meeting** will be held in **Verde Hall** on **May 11 at 1:00 p.m.** **Martha Circle** will give the program. **All women** are invited.

**UMW Circles** will meet on **Tuesday, May 25.**

**May 16** will be our **UMW Sunday**. There has been a change in our program for that day. **Catholic Charities Community Services** will be the recipient of our donations and we are asking the congregation to help in this mission project. **Carol Quasula** will be our featured speaker. You won't want to miss hearing about this outreach in our own community. The women will serve a reception between services on that **Sunday**.

**COMING UP:** **Rev. & Mrs. McCleary** will be our speakers at our **"Special Event"** on **Saturday, June 12**. Registration will begin at **10:30 a.m.**, program at **11:00 a.m.** and lunch will be served at **12:30 p.m.** **UMW Units** from the cluster churches along with **Mountain View** members and friends are all invited to attend. Sign up for this event will begin on **May 30**.

**Shirley Emshwiler**  
Publicity Chairman

### Prayers for Our Churches

The Conference Laity Team and District Superintendents are requesting that your church commit to praying for other churches in your district. Several churches will be listed each month for your prayer concerns. Please pray for the pastors, congregation and the community. For May please pray for: Spirit of Hope UMC, Peoria; Epworth UMC, Phoenix; Christ Community UMC, Avondale.

## United Methodist Men News



### TOOL COLLECTION

Do you have old or tools not being used at home and want to donate them to a worthy cause? The Methodist Men are beginning to collect tools only now in preparation for their Annual Fall Garage and Parking Lot Rummage Sale. Any tools power or hand tools that are in working order can be donated by simply calling Ron Black (928) 232-9915, Bill McCully (928) 639-2115 or Jim Kreunen (928) 649-2357 to ask for a pick

### Sign up with eScrip. It's free, quick and easy!

eScrip works with merchant partners to contribute to groups like ours each time you shop - at no cost to you!

#### To sign up with eScrip

1. Go to [www.escrip.com](http://www.escrip.com)
  2. Click on: Sign Up - It's Free!
  3. Enter the Group name: Mountain View United Methodist Church and ID # 9609306
  4. Follow the instructions to register your Safeway grocery cards and your existing credit/debit cards.
- If you do not have internet, please call the church office and we will sign up for you.**



**UPCOMING EVENTS**

**MAY OPPORTUNITY  
FAIR**

Following the joint worship service on Sunday May, 30 we will hold an opportunity fair. Each of the church committees and activities will have a table display. It will be an opportunity to learn and volunteer. There will also be a special coffee hour. Please plan to join us for the event.

**JUNE INQUIRY CLASS**

On the four Sundays in June we will conduct an Inquiry Class for those who wish to learn about Mountain View and the Methodist tradition. The class will be led by Pastor Michael, the Reverend Paul McCleary, and Jim Kreunen. The plan at this time is to hold the class each quarter. It is a good way to invite newcomers to learn more about our church

**Family Movie Night**  
May 21, 2010 @ 7pm  
(movie TBA May 2<sup>nd</sup>)

**In Remembrance**  
Lois Starz  
Kathleen Trobaugh

**VACATION BIBLE SCHOOL NEEDS**

Donation needs for our Galactic Blast Vacation Bible School:  
Used CD's  
Disposable aluminum pie plates  
Disposable plastic tablecloths.  
All donations may be brought to the church office

**WE ALSO NEED YOU!**

Volunteers will be needed June 14-18  
9 a.m.—12 p.m.  
If you are able to help, please contact Stephanie Kreunen at 649-2357 or the church office.

**ANGELS' ATTIC**

Angels' Attic will meet in May the second and fourth Mondays, May 10th and 24th, from 9-2 in Verde Hall. We will not meet June 14th due to VBS but will meet on the 28th of June. Please join us for good fellowship, good

## CROSSLINES

### WELLNESS NOTES

*“I sought the Lord, and He heard me, and delivered me from all my fears.” Psalm 34:4*

**May is Mental Health Month.** We look at MIND-body-spirit wellness for our overall health, thus it is very important to look at mental health issues and concerns. Recently we were having dinner with close friends and having a spirited conversation about politics and the condition of the world. One friend expressed such fears and pessimism, that it made me think about the state of our mental health and coping ability in these difficult times. *Mental Health America* [www.mentalhealthamerica.net](http://www.mentalhealthamerica.net) has adopted a program focused on “Live Your Life Well” for 2010. They offer a brochure “Are You Feeling Stressed Out” and great information on the above website. Each of us may identify symptoms of mental health concerns and make an effort to work with these issues as we would our physical symptoms. Some common mental health conditions that may lead to distress and ‘disease’ are Stress, Depression, Panic Disorders, Mood Disorders, Bipolar Disease, and stress of caring for a loved one such as an aging parent. Do we know how to recognize cause for concern?

#### **What Are the Signs of Depression?**

- Persistent sad, anxious or “empty” mood
- Difficulty falling asleep, staying asleep or sleeping more than usual
- Reduced appetite and weight loss, or increased appetite and weight gain
- Loss of pleasure and interest in once-enjoyable activities
- Restlessness, irritability
- Difficulty concentrating at work or at school, or difficulty remembering things or making decisions
- Fatigue or loss of energy
- Feeling guilty, hopeless or worthless
- Thoughts of suicide or death

#### **Are you experiencing the signs of stress?**

- Feeling angry, irritable or easily frustrated
- Feeling overwhelmed
- Change in eating habits
- Problems concentrating
- Feeling nervous or anxious
- Trouble sleeping
- Problems with memory
- Feeling burned out from work
- Feeling that you can’t overcome difficulties in your life
- Having trouble functioning in your job or personal life

Ways of STAYING WELL when you have a mental health condition are as follows:

Connect with others; Advocate for yourself; Get care you need (regular check ups & medication monitoring); Plan your sleep schedule; Manage stress; Exercise (at least 30 min. 3x weekly); Do something you enjoy ( at least 30 min. 3xwk); Eat a well balanced meal plan--heavy on veggies & fruit; Get help with Smoking or Substance Abuse; and Know your community resources for help. Some local resources for help include the following:

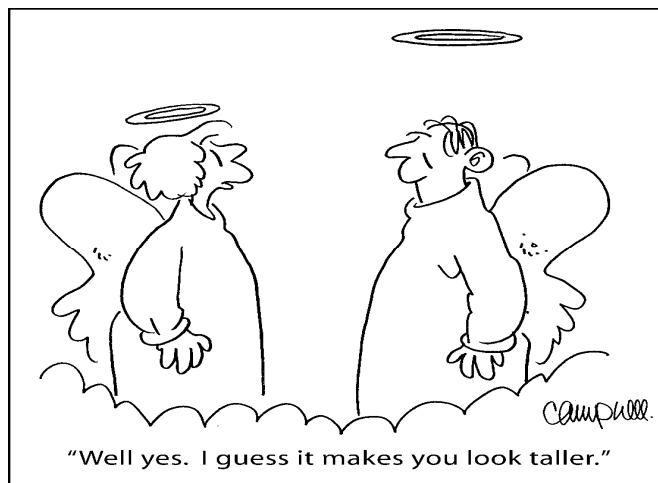
**NAMI** (National Alliance on Mental Illness) Support meetings 1<sup>st</sup> & 3<sup>rd</sup> Friday monthly for those with Mental Illness or their Caregivers. Information: Rose Boerner 928-282-4827

**Life After Loss** (presented by Hospice of the Pines) support for any form of loss. Sedona UMC, Wednesdays 10:30-11:30 a.m. Call: 282-1780

**Alice Stephenson BSN,RN,CDE, Parish Nurse Consultant**

# March Financial Report

<b>Reconciled Bank Accounts</b>	
Checking Account Balance	\$21,767.06
Reserve I/O Balance	\$12,748.86
Restricted Balance	\$58,969.32
Preschool Checking Balance	\$2,236.66
UM Federal Credit Union	\$201.71
Annual General Budget	\$285,900.00
Needed Each Month	\$23,825.00
March Income	\$26,163.96
March Expenditures*	\$22,131.46
	<hr/>
	\$4,032.50
Year to Date Income	\$67,116.47
Year to Date Expenditures	\$68,080.81
Receipts over Disbursements y-t-d	-\$964.34
Mortgage as of 3/31/10	
Monthly Principal Payment	\$3,208.01
Monthly Interest Payment	\$1,059.71
Total Mortgage Payment	\$4,267.72
Worship Center Loan Balance	\$192,510.66



**We Need Your Pictures!**  
 Anyone who has digital photos of events from December 2009 to present please copy onto a CD and turn into the office or email them to [office@mtnviewumc.com](mailto:office@mtnviewumc.com) Please put the name of the event and the names of people in the photo if known. Continue to do this throughout the year. Thank You!

\* Full apportionments paid \$3,636.75

**A Note from the Finance Committee:**

Thank you for your continued financial support to the Ministries of Mountain View United Methodist Church for 2009 and the first quarter of 2010. The Finance Committee has decided not to have a fund drive for this year. Therefore, we will maintain your current pledge unless you wish to change your pledge. For changes, please fill out the form below and return it to the church office.

***I Would Like to Change My Church Financial Pledge***

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_  
 \_\_\_\_\_

Phone Number: \_\_\_\_\_

Amount: \$ \_\_\_\_\_  week  month

*Please note: You can change your pledge at anytime as your circumstances change.*

Mountain View UMC  
901 S. 12th Street  
Cottonwood, AZ 86326  
928-634-8857

office@mtviewumc.com  
www.mtviewumc.com

Office Hours

8:00 a.m.—noon

Monday—Thursday

Publication Deadlines

Weekly Announcements:

Tuesday at Noon

Monthly Newsletter: 15th of the

preceding month.



*Mountain View United Methodist Church  
Our Mission: Reaching Out in Love and  
Service to Bring Everyone Closer to God  
Through Jesus Christ*

Change Service Requested  
Dated Material, - Do Not Delay

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