



CROSSLINES

A MONTHLY PUBLICATION OF THE MOUNTAIN VIEW UNITED METHODIST CHURCH

October 2009

Mountain View United
Methodist Church
901 S. 12th St.
Cottonwood, AZ
928.634.8857
office@mtnviewumc.com
www.mtnviewumc.com

Sunday Worship

9:00 a.m. Praise
11:00 a.m. Traditional

1st Sunday of the month
6:00 p.m.

Praise and Gospel Music
Scripture and Message
Prayers for Healing, Wellness and
Wholeness

Sunday School

10:00 a.m.
Preschool—6th Grade
Harmony Class (Adult)

Bible Study

Tuesdays at 6:30 am
Tuesdays at 6:30 pm
Wednesdays at 1:30 pm

Pastor:

Rev. Michael Anderson

Pastor Emeritus:

Rev. Frank Cartwright

Retired Pastors:

Revs. Ed Womack, Bill Birdsey,
Paul McCleary & David Treadwell

Our Pastor is available at other
times by appointment and any time
for emergencies.

Praise Band Leader:

David Flores

Choir Director:

Gayle Benjamin

Organist:

Beverly Hall

JOURNEY OF FAITH WEEKEND October 9, 10, & 11



It's almost here! There has been a lot of talk about the upcoming Journey of Faith Weekend. This is an opportunity to attend a Christian retreat right here in Cottonwood!

We have printed the schedule of events and invite all to come. Bring a friend or neighbor for this exciting weekend. If you are unable to attend the full weekend, attend a session or two. You will not want to miss this time to renew your faith and build a closer relationship with Jesus Christ.

FRIDAY

3:00 pm Visitors arrive
4:00 pm Team meeting
5:00 pm Picnic in the Park
5:00 pm Pot Luck at Church
6:00 pm General Session
Children Session
7:00 pm Small Group Meetings
7:45 pm Report from Groups

4:00 pm Team Meeting
5:00 pm Dinner provided at Church
6:00 pm General Session for Adults
Children Session
6:45 pm Small Group Meetings
7:30 pm "Sanctuary Time" for prayer

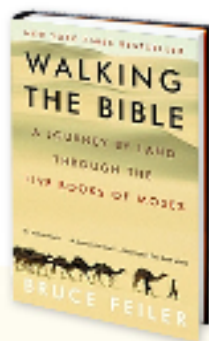
SUNDAY

7:00 am Breakfast on Your Own
8:00 am Team Meetings
9:00 am Praise Worship
10:00 am Adult Sunday School
11:00am Traditional Worship
12:00 pm Farewell Luncheon & Potluck
1:30 pm Team departs for home
1:45 pm Evaluation Session – and Goal
Setting for Continuation of Our
"Journey of Faith"

SATURDAY

7:30 am Breakfast on your own
7:30 am United Methodist Men's Breakfast
9:00 am Team Meeting
10:00 am Fellowship Groups in Homes
10-2pm Children Session
12:00 N Lunch provided at Church
12:30 pm Women's & Men's Meetings at
Church
2:00 pm Free Time
Shut-in Visitations

Another book recommendation by Pastor Michael



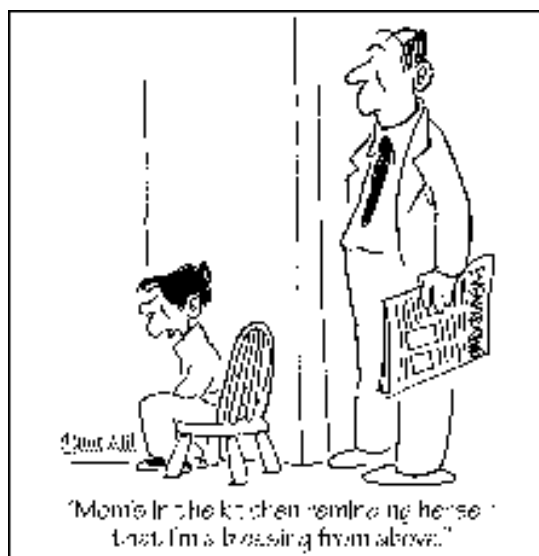
Walking the Bible

A Journey by Land Through the Five Books of Moses

This book will be followed up by the Video "Walking the Bible" in November. Read it then come watch as Bruce Feiler takes us through the Bible lands of the Books of Moses.

Both a heart-racing adventure and an uplifting quest, WALKING THE BIBLE describes one man's epic odyssey — by foot, jeep, rowboat, and camel — through the greatest stories ever told. From crossing the Red Sea to climbing Mt. Sinai to touching the burning bush, Bruce Feiler's inspiring journey will forever change your view to some of history's most storied events.

WATCH FOR THE VIDEO VERSION TO BE SHOWN HERE IN NOVEMBER. MORE INFO TO COME.



Other News and Notes

Choir practice will be on Wednesday from 7:00 – 8:15 p.m. New members WELCOME. Call Gayle Benjamin 639-2963 with questions.

Ushers needed for 11:00 a.m. service. Please see Bruce Deland before or after the service.

A MESSAGE FROM THE GREEN TEAM

Henry Mellon has some good news about our electrical usage. January to August of this year we used 39,600 kwh of electricity. In 2008 we used 60,120kwh. That is an environmental savings of 20,250 kwh, down 34% from last year, and the really good news of \$2,195 in cost savings.

Thanks to the hard work of you, our trustees (with a special thanks to Stephen Benjamin) and CFL bulbs we are saving money and energy at Mt. View UMC. Keep up the good work.

Journey of Faith Prayer Vigil Prayer preparation is a vital part of our upcoming Journey of Faith Weekend. A prayer vigil is planned 24 hours before the start of our Journey weekend. It begins Thursday, Oct. 8th at 5:00pm through Friday, October. 9th at 5:00pm. We are asking you to participate in this by signing up for a 30 minute period of prayer. This prayer time will be done in the comfort of your own home. We have a helpful prayer guide sheet that is available to all who wish to use it. The sign up sheet will be in the Narthex before and after services starting on September 27th. Join us to pray for God's word of hope and vision for what can happen through our Journey of Faith Weekend.

United Methodist Men



Coach John Wooden is quoted as saying, "Ability may get you to the top but it will take character to keep you there." Every Tuesday there is a group of men that gather in Verde Hall early in the morning. Some get there by 6:30 to attend the "Men of Integrity" Bible Study. Coffee is hot and Pastor Michael leads an interactive study that encourages each man in his faith and through that, builds character and integrity. The study is over by 7:20 so if you have to be at work by

8:00, this would be an excellent way to start your Tuesday.

By then more men are arriving for the fellowship hour. This is a great time with lots of coffee, fresh donuts and men, some swapping lies and telling war stories, others, sharing from their heart, an example of "Iron Sharpening Iron!" At 8:15 we pause to go over our upcoming activities and then, we do the most important thing of the day. We bring up prayer requests and concerns before the group and openly pray to the Lord for His divine intervention.

The second Saturday of each month is the UMM Breakfast at 7:30 AM. The next breakfast meeting will be October 10th and we will have as our guests the men that have travelled to share with us on their "Journey of Faith" that weekend. The devotion starts at 7:30, some brief business, breakfast (\$6.00) by the UMW at 8 followed by a program. This month the program will be sharing about the Journey of Faith weekend. Fabulous surprises await those men that have never attended the Bible Study, Tuesday Fellowship or monthly breakfast. We look forward to seeing you there!

papadave

President, UMM, 2009

United Methodist Women's News

We wish to thank everyone who helped in any and every way to make the Rummage Sale a success again this year.

Saturday, October 3rd will be the UMW District Annual Meeting at Glendale First United Methodist Church.

Saturday, October 24th will be the UMW Conference Annual Meeting at Calvary United Methodist Church in Phoenix.

The UMW Board will meet on Tuesday, October 13th at 10:30 a.m. with the Program Planning Meeting for 2010 at 12:00 noon. There will be no General Meeting in October.

On Sunday, October 18th the women will be selling delicious homemade soups by the pint and quart along with corn muffins after both services. This will be a fundraiser to help meet our Mission commitments.



On Tuesday, October 27th at 1:00 p.m. all circles will meet together in Verde Hall. The program will be about the life of the Navajo people. All women are invited.

Shirley Emshwiller, UMW Publicity Chair

Finance Report as of 8/31/09

Reconciled Bank Accounts	
Checking Account Balance	\$6,867.12
Reserve I/O Balance	\$14,705.50
Restricted Balance	\$58,960.94
Preschool Checking Balance	\$2,922.69
UM Federal Credit Union	\$201.44
Annual General Budget	\$291,062.65
Needed Each Month	\$24,255.22
August Income	\$22,110.22
August Expenditures	\$25,293.37
	<u>-\$3,183.15</u>
Year to Date Income	\$176,682.52
Year to Date Expenditures	\$190,095.97
Receipts over Disbursements y-t-d	<u>-\$13,413.45</u>
Mortgage as of 8/30/09	
August Principal Payment	\$2,970.05
August Interest Payment	\$1,297.67
Total Mortgage Payment	\$4,267.72
Mortgage Loan Balance	\$214,819.56

WELLNESS NOTES

“ Come aside by yourselves to a deserted place and rest a while” (Mark 6:31)

October focus is often on **CANCER AWARENESS**. We are kept aware of the many cancer programs and money making events, but in the spirit of our new Healthcare concerns, let's look at **PREVENTION** as our primary goal.

KNOW YOUR RISK FACTORS: Heredity, lifestyle, your personal history all play a part.

DECREASE STRESS: Taking the time to 'come aside by yourself to a quiet place' may be the primary factor in assisting your body to be strong and resistant to factors that cause cells to 'change growth patterns' or become cancerous. Prayer, Meditation, Relaxation Techniques are all valuable actions.

Educate yourself and follow through with **EARLY DETECTION:** Be diligent with annual or more frequent screenings & tests; Keep up with new detection & prevention ideas.

BE WARY before you put your body or money on the line. Consider the source of Cancer Information--- know the Who, What, Why, & How of preventive, treatment, or testing ideas. Utilize **KNOWN** resources that are tried & tested. Good resources are: **American Cancer Society, MayoClinic.com, WebMD.**

Maintain healthy weight

Adopt physically active lifestyle----30-60 minutes of activity over daily living 5 time weekly.

Eat a healthy meal plan: 5+ fruits & veggies/day; whole grains; limit alcohol; decrease processed foods; decrease red meats.

Avoid smoking and Chemical exposure

Protect your skin from UV & sun

All of the above are good ways to strengthen our immune systems, keep our bodies strong, and generally assist in more abundant living. Preventing or decreasing risks of cancer are a bonus!!

Alice Stephenson BSN,RN,CDE
Parish/Faith Community Nurse Consultant

Angels Attic News: The Angels are nearing our November sale and have many handcrafted items for your purchasing enjoyment. Mark your calendars for **November: 8am-2pm Friday the 6th, 8am-2pm; Saturday the 7th and after church services on the 8th** to come and get a start on Christmas purchases or buy things for yourself. Please tell friends, relatives and neighbors to come too.

We have aprons, table runners, place mats, quilts, needle boxes, pin cushions, canvas bags, adult bibs, walker bags, purses, scarf & hat sets, decorated sweatshirts, wreaths, jewelry, hand painted wood items, a bunch of baby items, ornaments, baked goods and lots, lots more. Come see them all. Remember, money from our sale goes toward unbudgeted needs at Mt. View UMC so you help our church as well as getting good bargains for yourself.



We will need donations of pies, breads, cookies, small muffin breads, jams, jellies, pickles and other homemade edibles. Bring items to Verde Hall Thursday November 5th. Please avoid wrapping baked items till they are completely cooled.

Angel's Attic will continue to meet in October on the 12th and the 28th. We will be setting up for the sale Monday-Thursday November 2-5 so please join us on those dates to help prepare for our sale.

Please direct questions or comments to Stephanie Kreunen at 928-649-2357 or

stephanie.kreunen@gmail.com.

DINNER FOR SIX

Looking for a chance to have dinner with friends? Do you like surprises? Now that we have returned from summer vacation, the Congregational Care Committee is again thinking about a social event called "Dinner for Six". Each group of six people (three couples) will gather for dinner in a home or a restaurant.

Each couple involved in a group of six can be married or two single friends of either gender. For the initial dinner, a couple from the sign-up sheet will be selected to be the host and a second couple as guests. The host couple will also invite a mystery couple of their choice. For the second dinner meeting,

the second selected couple will be the hosts and invite the first couple and two mystery guests.

Interested?

Confused?

Call Carol

Jeannette at

634-0051 for

more information.



Birthdays & Anniversaries

October Birthdays

- 1 Greg Gould
- Sylvia Snowden
- Cecil Tyner
- 3 Alex Julian
- Norman Thede
- 4 Craig Thompson
- 5 Robin Phelps
- 7 Carol Lucas
- 8 Abraham Lower
- 9 Ted Robins
- 11 Janice Bennett
- Cody Raber
- 12 Richard Perschke
- 13 David Lungren
- 14 Bill McCully
- 17 Donald Martin

- 18 Lynette Prouty
- 20 Mary Loomer-Trujillo
- 22 Rilla Shires
- 23 Jo-an McMillan
- 24 Dale Rowe
- 25 Sheila McCully
- 27 George Adams
- 28 Dana Baker
- 31 Nancy Bowman

October Anniversaries

- 2 Jason and Sarah Little
- 17 Robert and Julie Efros
- 20 Steve and Lori Jackson
- 29 Myron and LaFaye Packer

If you would like your birthday or anniversary listed, please call or email the church office.

Dear Mountain View Family and Friends,

Thank you from the bottom of our hearts for your prayers and countless acts of encouragement throughout the illness and passing of our beloved George. Your love and concern through your individual cards, notes, and calls; your much appreciated LABORS of LOVE; and the very uplifting congregational gift of the Love-filled prayer quilt for George have warmed and lifted us.

Thank you, God, for your gift of George in our lives and for surrounding us with your love to sustain us.

Virginia and Althea Burns and Families

To Our Wonderful Church Family,
I would like to thank each and everyone for their thoughts, prayers and hugs that helped me through this very difficult time. I know that God heard every single prayer and sent help in different forms for me. God bless and be with every one of you.

Thank you Jesus,
Marian Riley



Dear Church Family,
Just a note to let you know how very much we appreciated your prayers for Dale's surgery. Everything went very well. The stint was able to be used and he seems to be recovering nicely.

In Christ's Love,
Dale and Louise Rowe

Celebration Thank You

Thank you to the United Methodist Women and the Bereavement Reception Committee assisted by many others - both men and women - to set up/clean up, decorate, provide the food and serve the lovely reception following the Celebration of Life memorial service for George Burns. Thank you one and all; we were truly blessed!

Virginia and Althea Burns and Families



TO ALL OF THE WONDERFUL
VOLUNTEERS WHO KEEP THE
CHURCH RUNNING
SMOOTHLY

Mountain View UMC
901 S. 12th Street
Cottonwood, AZ 86326
928-634-8857

office@mtnviewumc.com
www.mtnviewumc.com

Change Service Requested
Dated Material, - Do Not Delay

U.S. Postage Paid
Non-Profit Organization
Permit No. 31

Office Hours

8:00 a.m.—noon
Monday—Thursday

Publication Deadlines

Weekly Announcements:
Tuesday at Noon

Monthly Newsletter: 15th of the
preceding month.



Mountain View United Methodist Church
Our Mission: Reaching Out in Love and
Service to Bring Everyone Closer to God
Through Jesus Christ